

The Norton Scale

NOTE: Scores of 14 or less rate the patient as 'at risk'

	Physical Condition		Mental Condition		Activity		Mobility		Incontinence		Total Score
	Good	1	Alert	1	Ambulant	1	Full	1	Not	1	
	Fair	2	Apathetic	2	Walk/help	2	Slightly	2	Occasional	2	
	Poor	3	Confused	3	Chairbound	3	Limited	3	Usually-urine	3	
	Very bad	4	Stupor	4	Bedridden	4	Very limited, Immobile	4	Doubly	4	
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Source: Doreen Norton, Rhoda McLaren, and A.N. Exton-Smith. An Investigation of Geriatric Nursing Problems in the Hospital. London. National Corporation for the Care of Old People (now the Centre for Policy on Ageing); 1962. Adapted with permission of the publisher.