

State Health Insurance Counseling And Assistance Programs (SHIP) Contact Information Handout 3

SHIPs can help Medicare beneficiaries answer questions about choosing a prescription drug discount card or an integrated health plan.

State	Phone Number	Web Address
Alabama	1-800-AGELINE (1-800-243-5463)	http://www.adss.state.al.us/
Alaska	1-800-478-6065	http://www.hss.state.ak.us/dsds/
Arizona	1-800-432-4040	http://www.de.state.az.us/aaa/programs/ship/default.asp
Arkansas	1-800-224-6330	http://www.state.ar.us/insurance/srinsnetwork/seniorshlth_p1.html#Helpful
California	1-800-434-0222	http://www.cahealthadvocates.org/
Colorado	1-800-727-7086	http://www.coloradomedicare.com/
Connecticut	1-800-994-9422	http://www.ctelderlyservices.state.ct.us/
Delaware	1-800-336-9500	http://www.state.de.us/inscom/eldindex.htm
Florida	1-800-963-5337	http://elderaffairs.state.fl.us/doea/english/shine.html
Georgia	1-800-669-8387	http://www2.state.ga.us/departments/dhr/agingcares.html
Guam	1-808-586-0100	http://www2.state.hi.us/ea/
Hawaii	1-808-586-0100	http://www2.state.hi.us/ea/
Idaho	1-800-247-4422	http://www.doi.state.id.us/shiba/shibahealth.aspx
Illinois	1-800-548-9034	http://www.ins.state.il.us/
Indiana	1-800-452-4800	http://www.in.gov/idoi/shiip/
Iowa	1-800-351-4664	http://www.shiip.state.ia.us/
Kansas	1-800-860-5260	http://www.agingkansas.org/shick/
Kentucky	1-800-595-6053	http://doi.ppr.ky.gov/kentucky/
Louisiana	1-800-259-5300	http://www.lidi.state.la.us/
Maine	1-877-353-3771	http://www.state.me.us/pfr/ins/ins_index.htm
Maryland	Numbers Vary By County	http://www.mdoa.state.md.us/Services/ship.html
Massachusetts	1-800-AGE-INFO	http://www.800ageinfo.com/
Michigan	1-800-803-7174	http://www.mymmap.org/
Minnesota	1-800-882-6262	http://www.mnaging.org/
Mississippi	1-800-345-6347	http://www.mdhs.state.ms.us/
Missouri	1-573-893-7900	http://mpcrf.org/
Montana	N/A	http://www.dphhs.state.mt.us/
Nebraska	1-402-471-2201	http://www.nol.org/home/NDOI/
Nevada	1-800-307-4444	http://www.nvaging.net/ship/ship_main.htm
New Hampshire	1-800-852-3388	http://www.nhhelpline.org/hiceas/

New Jersey	1-800-792-8820	http://www.state.nj.us/health/senior/ship.shtml
New Mexico	1-800-432-2080	http://www.nmaging.state.nm.us/
New York	NYC: 212-333-5511, Numbers Vary By County	http://www.hiicap.state.ny.us/
North Caroline	1-800-443-9354	http://www.ncshiip.com/Consumer/SHIIP/SHIIP.asp
North Dakota	1-800-247-0560	http://www.state.nd.us/ndins/
Northern Mariana Islands	1-808-586-0100	http://www2.state.hi.us/eoa/
Ohio	1-800-686-1578	http://www.ohioinsurance.gov/
Oklahoma	1-800-522-0071	http://www.oid.state.ok.us/
Oregon	1-800-722-4134	http://www.oregonshiba.org/
Pennsylvania	1-717-783-6207	http://www.aging.state.pa.us/
Rhode Island	1-401-222-2223	http://www.dbr.state.ri.us/
South Carolina	1-843-857-0111	http://www.caresouth-carolina.com/
South Dakota	1-800-536-8197	http://www.state.sd.us/social/ASA/SHIINE/
Tennessee	1-880-342-4029	http://www.state.tn.us/commerce/
Texas	1-800-458-9858	http://www.tdoa.state.tx.us/
Utah	1-800-541-7735	http://www.hsdaas.utah.gov/
Vermont	1-800-642-5119	http://www.medicarehelpvt.net/
Virginia	1-800-552-3402	http://www.aging.state.va.us/
Washington	1-800-397-4422	http://www.insurance.wa.gov/
Washington, D.C.	1-880-727-1000	http://dcoa.dc.gov/dcoa/site/default.asp
West Virginia	1-800-879-2217	http://www.state.wv.us/seniorservices/
Wisconsin	1-800-242-1060	http://www.dhfs.state.wi.us/aging/index.htm
Wyoming	1-800-856-4398	http://www.wyomingseniors.com/